

	<b>LASER ABLATION</b>	<b>RADIOFREQUENCY ABLATION</b>	<b>SURGERY LIGATION NICK &amp; PICK</b>
<b>Return to Work</b>	<i>2 hours - 4 days Average 2 Days</i>	<i>2 hours - 4 days Average 2 Days</i>	<i>3 days - 14 days Average 7 Days</i>
<b>Return to Normal Activity</b>	<i>2 hours - 4 days Average 2 Days</i>	<i>2 hours - 4 days Average 2 Days</i>	<i>3 days - 17 days Average 7 Days</i>
<b>Vein Size</b>	<i>4-10 mm diameter Best for Modest size Veins</i>	<i>4-15 mm diameter Best for Medium size Veins</i>	<i>10-30 mm diameter Best for Large size Veins</i>
<b>Bruising</b>	<i>Yes :- More so when performed with local anaesthetic Fades 10 days</i>	<i>Yes :- More so when performed with local anaesthetic Fades 10 days</i>	<i>Marked and colourful Fades 14 days</i>
<b>Lumps &amp; Bumps of Solid Veins</b>	<i>6 weeks to 6 months Varices sclerosed</i>	<i>6 weeks to 6 months Varices sclerosed</i>	<i>Minimal bumps 4-6 weeks Varices removed</i>
<b>Brown Stains</b>	<i>Minor to Marked Fades 6 months - 2years</i>	<i>Minor to Marked Fades 6 months - 2years</i>	<i>Minor to modest Fades 6 weeks - 6 months</i>
<b>Synchronous Injection of Blue Venules</b>	<i>Yes</i>	<i>yes</i>	<i>Sometimes</i>
<b>Tendency for More Blue Veins to Grow</b>	<i>Sometimes</i>	<i>Sometimes</i>	<i>Sometimes</i>

<b>SIZE OF VARICOSE VEINS</b>	<b>GOLD</b>	<b>STANDARD</b>	<b>SILVER</b>
<i>LARGE &gt; 1.2cm</i>	<i>Surgery</i>	<i>Groin Incision Invagination of Trunks Small Nicks Can have sclerosis</i>	<i>RF or Laser with Coils +/- Glue Sclerosis</i>
<i>MEDIUM 0.8-1.1 cm</i>	<i>Radiofrequency</i>	<i>Groin Incision or Coils RF ablation Ultrasound Guided Sclerosis &amp; Topical Sclerotherapy</i>	<i>Groin clips Laser Sclerosant</i>
<i>SMALL 4-8 mm</i>	<i>Laser Radiofrequency</i>	<i>No Incisions but Laser ablation +/- Occlusion Coils or Glue Sclerosis +/- Ultrasound guided Sclerosis</i>	<i>Foam Echosclerotherapy under Ultrasound &amp; Vision</i>
<i>VERY SMALL &lt;4mm</i>	<i>Laser and Sclerosis</i>	<i>Sclerotherapy +/- Laser Ultrasound guided Sclerosis</i>	<i>Echosclerotherapy Sclerotherapy</i>
<i>Micro Veins Capillaries Starburst veins</i>	<i>Sclerotherapy</i>	<i>Foam Sclerotherapy alone with Aethoxysklerol under vision</i>	<i>Sclerotherapy with other agents.</i>